

# SAFE GYMS HAVE RULES



1. Proper athletic attire and non-marking athletic shoes must be worn on the gymnasium floors at all times.
2. Children age 8 and under must be supervised by an adult.
3. No food or open drink (other than water) allowed in the gym outside of YMCA programming.
4. The Y is not responsible for personal injury, or for lost, damaged or stolen items. Gym bags and other personal belongings should be secured in a locker while at the Y.
5. No dunking or grabbing on the rims or nets at any time.
6. Please return all basketballs and checked out equipment to the front desk when finished playing.
7. No kicking or inappropriate use of the equipment or balls. Keep balls away from the ceiling, lights, and walls.
8. Do not play or sit on any items stored in the gymnasium.
9. The track is for those 12 and older.
10. All exits must be free of obstructions at all times. Emergency exits are only to be used during emergencies.
11. Access to the playground is from the front door, not the fire exit from the gym.
12. Be respectful of others by refraining from the use of profanity, fighting, excessive yelling, unnecessary aggressiveness, and unsportsmanlike conduct.
13. Pick up trash, belongings and leave the area better than you found it.
14. Report all injuries to a staff member on duty.
15. The Y reserves the right to ask anyone not adhering to the posted rules to leave the premises.
16. The gymnasium closes 15 minutes prior to the building closing.

