

## YOUTH PROGRAMS

### PROGRAM

Basketball: Co-Ed (grades K-2)

Boys (grades 3-6)

Hip Hop Dance grades K-5

Pee Wee Pros (ages 3-5)

Spring Tumbling (ages 3-10)

Volleyball Clinic grades (K-8th)

U12/U14 Competitive Soccer

Fulton Soccer Club

Spring Rec Soccer (ages 3-10)

Summer Camp grades (going into K-5th)

Rookie T-Ball (ages 3-6)

Track (ages 6-14)

Flash Cross Country (ages 6-14)

Tackle Football (grades 3-6)

Cheer (grades K-6)

Fall Rec Soccer (ages 3-6)

YOCC Tide Swim Team (ages 5-18)

Fall Tumbling (ages 3-10)

Girls Basketball (grades 3-6)

Small Fry Basketball (ages 3-7)

Karate

### REGISTRATION DATE

November - December

January

January - February

January - February

February - March

February - March

February - March

Opens March

April - May

April

July - September

June - July

July

July - August

September - March

September - October

August - September

October - November

Ongoing

## PERSONAL TRAINING

### **FITNESS ORIENTATION – FREE for members**

This mini session with a certified Personal Trainer will orientate you to our cardio and CYBEX machines.

### **INDIVIDUAL – price varies by package**

4, 8 & 12 session packages available, scheduled at your convenience with our certified trainer.



## YMCA of CALLAWAY COUNTY

1715 Wood Street Fulton, MO 65251

573-642-1065

[ymcaofcallaway.org](http://ymcaofcallaway.org)

## MEMBERSHIP RATES

TYPE	JOINING FEE	MONTHLY
Youth (12-18)	\$0.00	\$19.00
Young Adult (19 - 23)	\$0.00	\$22.00
Adult (24 - 61)	\$35.00	\$35.00
Couple	\$40.00	\$40.00
Single Parent Household	\$45.00	\$38.00
Family/Household	\$55.00	\$47.00
Senior (62+)	\$20.00	\$22.00
Senior Household	\$25.00	\$29.00

## MEMBERSHIP BENEFITS

Spacious Fitness Center	Functional Fitness Room
Multipurpose Gym	Outdoor Walking Trail
Indoor Track	Outdoor Playground
Multipurpose Studio	Pickleball Courts
Group Exercise Classes	No Contracts
Basketball Courts	24/7 Access Available
Child Watch	Special pricing on Sports, Programs & Personal Training
Day use lockers	

## FACILITY HOURS

MON– FRIDAY	5:00 am –9:00 pm
SATURDAY	8:00 am – 5:00 pm
SUNDAY	12:00 pm – 5:00 pm

## YOUR Y ANYTIME

### Premium Membership

After Hours access for YMCA members age 18 and older. Includes access to the Fitness Center, Functional Fitness Room, and Multipurpose Gymnasium. Premium membership fees are in addition to monthly membership fees. Unique key card (\$5) is required for entry.

Individual (one adult) - \$5.00 per month

Couple (two adults) - \$8.00 per month

Family (three or more adults) - \$10.00 per month.

Nationwide Y Members - \$15.00 per month

Replacement cards are \$10.00



## OUTREACH – FINANCIAL ASSISTANCE

The YMCA welcomes people from all socioeconomic backgrounds. We provide financial assistance through our HERE FOR ALL OUTREACH PROGRAM to those unable to pay the fees for membership, youth sports and programs. The amount of financial assistance is dependent upon financial need and household size.

This program is made possible by donations received from Callaway County community members through our Special Events.

## CHILD WATCH

Care while you workout for ages 6 weeks through age 8

### MONDAY –THURSDAY

8 am – 11:30 am and 4 pm – 7:00 pm

### FRIDAY – SATURDAY

8 am – 11:30 am

Hours may change due to holidays and summertime.  
Look for posted schedule.