

YOUTH PROGRAMS

<u>PROGRAM</u>	<u>REGISTRATION DATE</u>
Basketball: Co-Ed (grades K-2)	November - December
Boys (grades 3-6)	
Hip Hop Dance grades K-5	January
Pee Wee Pros (ages 3-5)	January - February
Spring Tumbling (ages 3-10)	January - February
Volleyball Clinic grades (K-8th)	February - March
U12/U14 Competitive Soccer	February - March
Fulton Soccer Club	
Spring Rec Soccer (ages 3-10)	February - March
Summer Camp grades (going into K-5th)	Opens March
Rookie T-Ball (ages 3-5)	April - May
Track (ages 6-14)	April
Flash Cross Country (ages 6-14)	July - September
Tackle Football (grades 3-6)	June - July
Cheer (grades K-6)	July
Fall Rec Soccer (ages 3-6)	July - August
YOCC Tide Swim Team (ages 5-18)	September - March
Fall Tumbling (ages 3-10)	September - October
Girls Basketball (grades 3-6)	August - September
Small Fry Basketball (ages 3-7)	October - November
Karate	Ongoing

PERSONAL TRAINING

FITNESS ORIENTATION – FREE for members

This mini session with a certified Personal Trainer will orientate you to our cardio and CYBEX machines.

INDIVIDUAL – price varies by package

4, 8 & 12 session packages available, scheduled at your convenience with our certified trainer.



YMCA of CALLAWAY COUNTY

1715 Wood Street Fulton, MO 65251

573-642-1065

ymcaofcallaway.org

MEMBERSHIP RATES

TYPE	JOINING FEE	MONTHLY
Youth (12-18)	\$0.00	\$19.00
Young Adult (19 - 23)	\$0.00	\$22.00
Adult (24 - 61)	\$35.00	\$35.00
Couple	\$40.00	\$40.00
Single Parent Household	\$45.00	\$38.00
Family/Household	\$55.00	\$47.00
Senior (62+)	\$20.00	\$22.00
Senior Household	\$25.00	\$29.00

MEMBERSHIP BENEFITS

Spacious Fitness Center	Functional Fitness Room
Multipurpose Gym	Outdoor Walking Trail
Indoor Track	Outdoor Playground
Multipurpose Studio	Pickleball Courts
Group Exercise Classes	No Contracts
Basketball Courts	24/7 Access Available
Child Watch	Special pricing on Sports, Programs & Personal Training
Day use lockers	

FACILITY HOURS

MON– FRIDAY	5:00 am –9:00 pm
SATURDAY	8:00 am – 5:00 pm
SUNDAY	12:00 pm – 5:00 pm

YOUR Y ANYTIME

Premium Membership

For YMCA members age 18 and older. Includes access to the Fitness Center, Functional Fitness Room, and Multipurpose Gymnasium.

Premium membership fees is in addition to monthly membership fees. and special key card is required for entry.

Start up fee is \$5.00 per person

YOCC members

Individual (one adult) - \$5.00 per month

Couple (two adults) - \$8.00 per month

Family (three or more adults) - \$10.00 per month.

Nationwide Y Members - \$15.00 per month



OUTREACH – FINANCIAL ASSISTANCE

The YMCA welcomes people from all socioeconomic backgrounds. We provide financial assistance through our **HERE FOR ALL OUTREACH PROGRAM** to those unable to pay the fees for membership, youth sports and programs. The amount of financial assistance is dependent upon financial need and household size.

This program is made possible by donations received from Callaway County community members through our Special Events.

CHILD WATCH

Care while you workout for ages 6 weeks through age 8

MONDAY –THURSDAY

8 am – 11:30 am and 4 pm – 7:00 pm

FRIDAY – SATURDAY

8 am – 11:30 am

Hours may change due to holidays and summertime.

Look for posted schedule.