

## Welcome to the Y!

### Facility Hours

Mon &dash; Thur 5:30 a.m. &dash; 10:00 p.m. Fridays 5:30 a.m. &dash; 8:00 p.m. Saturdays 8:00 a.m.

&dash; 6:00 p.m. Sundays 12:00 p.m. &dash; 6:00 p.m. Is your child living with asthma? Enroll today through your child's school for a new program funded by The Missouri Foundation for Health. Join today!!

What's

and Information for Our Members Callaway County Health Assessment Completed (click here to view) \*\*\*Severe

weather/game cancellation hotline 573-642-5717\*\*\* Our Mission The YMCA of Callaway County is an association comprised of persons of all ages, ethnic groups and religious affiliations dedicated to putting Christian principles into practice through programs that build healthy spirit, mind and body for all. Our Values Caring, Honesty, Respect, and Responsibility are the basis for all that we do. Our Vision

The YMCA cares deeply about the healthy development of young people and families. We will provide children a network of support to grow into happy, healthy productive citizens.

The YMCA helps people live healthier lives. Our wellness programs have been an integral part of our three-part mission of spiritual, mental and physical development.

The YMCA belongs to the community. YMCA programs are open to everyone regardless of race, religion, sex, abilities, and/or financial status.

The YMCA is committed to the development of a diverse and highly competent work force comprised of volunteers and professional staff.

The YMCA seeks to continually improve the quality of programs in order to maximize the benefits gained by our members